

**Application for 2010 Anusara Yoga In-Depth Study & Immersion Program with Deb Neubauer, Ellen Saltonstall and Jimmy Bernaert, Certified Anusara Instructors**

Name \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

email \_\_\_\_\_

Address  
\_\_\_\_\_

Occupation  
\_\_\_\_\_

How many years have you been practicing yoga? \_\_\_\_\_

How many years have you been practicing Anusara Yoga?  
\_\_\_\_\_

Please list your studies in Anusara Yoga. List the Anusara Yoga teachers that you have studied with. Please include how often and how long you have studied with them. (please attach a separate page if necessary.)

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Have you practiced meditation, and if so, for how long?

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Where, when & with whom? \_\_\_\_\_

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Have you taken any other in-depth yoga study programs before? If so, with whom & when?

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Do you teach yoga? \_\_\_\_\_ If so, how many years have you taught? \_\_\_\_\_

What is the average number of students that you teach per week? \_\_\_\_\_

What styles have you focused on?

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Are you currently certified in any other methods of Yoga? If so, which styles? \_\_\_\_\_

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Are you interested in becoming a certified Anusara Yoga teacher? If so, what is your current status? \_\_\_\_\_

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Do you currently have or have you had any significant injuries or illnesses? if so, please explain. \_\_\_\_\_

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Why do you want to attend this Anusara Yoga Teacher Immersion?

Please list your most influential yoga teachers other than the Anusara Yoga teachers that you listed above. How often and how long have you studied with them?